

049 Be Ye Not Troubled

- [D&C 45:15](#) When the Lord reasons with you he is going to give you the reasons why he's doing what he is doing.
- [D&C 45:16](#) He will show us plainly concerning the signs of "His" coming
- Enoch was promised that his city would be on the earth during the second coming. The rainbow is a token of that promise.
- [D&C 45:19](#) Desolating scourge shall come upon the people as a thief in the night and temple destroyed
- [D&C 45:22](#) The heavens and earth shall not pass away until these things have come to pass
- [D&C 45:24-25](#) Jews shall be scattered but were gathered again in 1948 with Balfour Declaration with establishment of Jewish State May 1948
- [Bro. McConkie](#) said "All the trials and tribulations of the past would be but a foretaste of what is coming."
- [D&C 29:7](#) Gathering of mine elect...mine elect hear my voice and harden not their hearts.
- [D&C 45:31](#)...they shall see an overflowing scourge; for desolating sickness shall cover the land
- Hebrew word for scourge is "whip."
- [2 Nephi 5:25](#) Lamanites shall be a scourge unto the Nephites to stir them up into remembrance of God. If Nephites will not remember God they shall be scourged even unto destruction.
- Book of Mormon had two groups who came under bondage 1) Limhi's group and 2) Alma's group
- [Limhi's group](#): tried to deliver themselves and all the men were nearly annihilated.
- [Alma's group](#): submitted and the Lord delivered them and not one person was killed
- [D&C 45:32](#)...my disciples shall stand in holy places. The wicked will harden their hearts against me and they will take up the sword and they will kill one another.
- [D&C 45:34](#) When the Lord had spoken these words to his disciples, they were troubled.
- [JST Matt 24:23](#) I speak these things unto you for the elect's sake for you shall hear of wars and rumors of wars; see that ye be not troubled
- How can WE be not troubled?
- [D&C 38:30](#) if ye are prepared ye shall not fear
- [D&C 29:34-35](#)...all things unto me are spiritual
- We have been commanded to get temporal preparations – is that a spiritual commandment?
- A man asked the Lord if he would ever use his food storage. The Lord told him he would use some, but would give away most of it.
- The question is, "what is your intent" behind the storage? It is to teach you to rely on the Lord – not to rely on yourself.
- There are examples in the scriptures where food was multiplied. There is more behind storing food than just having extra food – it is Trusting the Lord.
- How do we get that attitude? Take time to be holy.
- To get to the place "be not troubled" takes sacrifice
- [3 Nephi 9:3](#)...sacrifice of a broken heart and contrite spirit – you progress until you become righteous
- Being born again puts you on the path
- One of the fruits of righteous is being submissive – you come to the point where it's not my will anymore, but it's His will.
- [Romans 10:3](#)...ignorant of God's righteousness – go about to establish our own righteousness.
- [Ether 12:27](#) And if men come unto me I will show unto them their weakness...
- You can be doing the right thing for the wrong reason – that is a weakness
- We need to move from righteousness to holiness
- If you come up to a state of "holiness" you will be "be not troubled, neither would you be afraid."
- You will be of good cheer in the midst of turmoil because you have changed through the atonement of Jesus Christ. Nothing that happens around you will be able to bring upon you a state of darkness.
- [John 14:2](#) In my Father's house are many mansions-I go to prepare a place for you.
- John 14:3...I will come again and receive you unto myself – that's a personal encounter with the Lord
- [D&C 132:49](#)...I have seen your sacrifices in obedience to that which I have told you
- [John 14:5](#) Thomas asked...How can we know the way?
- [John 14:6](#) Jesus said, "I am the way, the truth and the life; no man cometh unto the Father but by me."
- D&C 101:16...be still and know that I am God.
- Take time to be holy – Study (not read) the Book of Mormon, Pray for the Spirit to guide you.
- Give yourself unto the Lord
- [Helaman 3:35](#)...they did fast and pray oft, and did wax stronger and stronger in their humility, and firmer and firmer in the faith of Christ... yea, even to the purifying and the sanctification of their hearts, which sanctification cometh because of their yielding their hearts unto God